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Police lay charges after city's fourth murder of 2010

CRIME Calgary police have charged a man in relation to the city's fourth homicide, which they believe was a random attack.

Darrin Thomas Amond, 30, of Calgary, faces second-degree murder charges in the death of a man found collapsed on the ground Monday around 8 p.m., in the area of 22 Avenue and 17 Street SE. Police have not yet determined the identity of the victim, who they believe did not know his attacker.

The investigation is ongoing and anyone who has information on the incident is asked to call 403-266-1234 or Crime Stoppers at 1-800-222-8477.

METRO CALGARY

News on the Move

What's this barcode for?
 Learn how to scan the barcode with the instructions at the top of pg 3



Celebrity Buzz pg 29

Stern to host Idol?



Vancouver Games

Countdown to 2010
 Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

- Today — Short-track skaters taking aim at Apolo Ohno, page 12

On the web
 Visit metronews.ca for news updates



Steve Peace, owner of Immaculate Concept tattoo on 17th Avenue SW, shows the proper way to tattoo a client in his shop yesterday. Alberta Health Services is urging anyone who received a tattoo from one of the seven unlicensed home parlours shut down since November to get tested for blood-borne diseases.

Tattoo parlours shut

Owner of remediated ink shop says AHS did the right thing

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Closed shops

- Besides Outlaw Tattoo, AHS shut down Dustin Blatz Tattooing, Grave Marking Tattoo, Latino Tattoo Removal, Norm's Tattoos, Piercer Dan and Tattoo Girl.

Despite being painted with an unsanitary brush, the owner of one of seven home-style tattoo parlours recently shut down is applauding Alberta Health Services.

Outlaw Tattoo was shut down on Nov. 29 for being an unapproved tattoo parlour, but has since remediated the concerns and reopened Jan. 8, according to the AHS.

Owner Jeff Barker was stunned the shop was named yesterday as one of seven shut down recently. "It was surprising to hear since we already fixed the concerns and reopened, but I understand," he said. "I applaud the health authority for their efforts because we take our clients' safety very seriously, and others should as well."

Barker explained the shop simply had to install a separate stainless steel sink for clients to wash their hands in, which they did as soon as they were shut down in November.

"Our clients know we are a clean and sterile shop — we only used needles and equipment once and most people say they come here because we surpass safety expectations."

Six other shops have been shut down since November for being

has visited any home shop to get tested for blood-borne viruses.

"They did not have proper sterilization processes in place, and individuals who received tattoos or piercings through these operations may have been exposed to viruses such as Hepatitis B and C, and HIV," MacDonald said.

Steve Peace, owner of Immaculate Concept, said he is frustrated unapproved shops may give the industry a black eye.

"Tattoos have

been trying to come out of the gutter for 100 years and, pretty much, we're finally there. The guys at home aren't really following the rules," he said, adding he believes there are up to 100 home shops.

Province to pay for 41 city cops

POLICE Calgary is 41 officers closer to "optimal levels," a city alderman said after the province announced 100 officers would be added to the provincial ranks.

Ward 8 Ald. John Mar said he is happy with the announcement and that it's part of the 400-officer commitment the city made to its citizens.

"This demonstrates that crime and the prevention is the No. 1 priority for ... Calgary," Mar said.

The 41 officers for Calgary and 35 for Edmonton make up the majority of the 100 to be added provincially, said Premier Ed Stelmach.

"Times have changed since I made that promise. But one thing that hasn't changed is Albertans' desire to feel safe, to feel secure in their homes and in their communities," Stelmach said during a press conference yesterday at the Alberta legislature.

KRISTA SYLVESTER/METRO CALGARY
 WITH FILES FROM CODIE MCLACHLAN



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Housing permits triple over Jan. '09

CONSTRUCTION Residential construction is on the climb again in Calgary, according to numbers from the City of Calgary.

Total January 2010 building permits were up 58 per cent over January 2009, from \$143 million to \$226 million.

Residential permits totalled \$128 million, over triple the \$38 million from 2009.

METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@coreasotropa
The nicest people live in #YYC. So many people helped me yesterday after my car accident. I was so touched. TY to all the kind strangers!

@LaurenChan Hiding out in a random room in Huskyne while @ebazin comes to pick me up. Something weird is going on with the train at the uni #yyc

@nappingpanda Haha #yyc looks as tho someone got beat up with a bouquet of roses at shawnessy train station

metronews.ca

What's online today.

Video What's Cantonese for 'puck?' For the first time, the Olympics will be broadcast in Canada in 22 languages.

Blogs Style columnist Kenya Hunt and the woes of packing for a blizzard-blanketed New York Fashion Week.

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Budget not 'risk-free': Morton

Business groups critical of new \$6B debt, 6% spending increase

Finance Minister Ted Morton conceded that Alberta has taken a political gamble with a budget that pours money into health care while draining rainy-day savings.

"No gambit is risk free," Morton told a radio talk show yesterday. "This isn't a risk-free budget. We're trying to manage risk."

The new budget forecasts a record \$4.7-billion deficit, while piling up \$6 billion in new debt to pay for building projects over the next three years. Total spending is pegged at \$38.7 billion — a six per cent increase.

Business groups have been critical of the budget, especially in light of Premier Ed Stelmach's oft-repeated promise to trim Alberta's deficit by \$2 billion.

There were \$1.3 billion in cuts from several different departments, but those savings were mainly redirected to the health ministry.

"They didn't find \$2 billion in cuts," said Scott Hen-



Alberta Finance Minister Ted Morton, right, is greeted by Premier Ed Stelmach prior to delivering his government's 2010/2011 budget at the legislature in Edmonton on Tuesday.

nig, with the Canadian Taxpayers Federation. "They can say they did all they want. It's baloney."

But Wildrose Alliance Leader Danielle Smith said Alberta is getting only mediocre results when it comes to services, despite

having the second-highest per-capita spending in Canada.

"Our health service isn't that much better than what's in British Columbia or Ontario and Saskatchewan," said Smith. "And yet they've managed

to deliver a fairly comparable system for a lot less money."

Smith released an alternative budget that would slow down project spending and scrap expensive carbon capture projects.

THE CANADIAN PRESS

Calgarians can have say on bridge designs

KRISTA SYLVESTER
krista.sylvester@metronews.ca

ST. PATRICK'S And then there were three.

Calgarians will have their voices heard on what the future St. Patrick's Bridge, spanning the Bow River, will look like as the Calgary Municipal Land Corporation (CMLC) posted the final three designs online for public comment.

"We felt it was tremen-

dously important to give Calgarians the opportunity to review the final submissions and share their thoughts with us," CMLC president and CEO Chris Oldenberger said.

"We've worked to keep our process open and transparent since day one and we continue to encourage people to be a part of it."

One Calgary submission and two others remain after being whittled down from 33 last November and the



One of the final three design submissions for the future St. Patrick's Bridge.

respective teams will present their designs to the committee on Feb. 26.

"All three of our finalists

have presented magnificent designs that are both functional and compliment the natural beauty of the water but each has a unique vision for the bridge."

Calgarians are invited to share their comments online at www.calgarymlc.ca and also are invited to a Feb. 25 public presentation to discuss the pieces at the Telus Convention Centre.

The new bridge is set to cost approximately \$25 million.



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Lotteries

Lotto 6/49: 13, 24, 30, 32, 37 & 48. Bonus 49
These results are not official.

Calgary Economic Development has launched a new online website to entice people to move to the city. Dubbed LiveInCalgary.com, the website also assists newcomers as well as current Calgarians. **METRO CALGARY**

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CALGARY OBITUARIES

CalgaryObits.com

notes the following deaths
in our community:

AHEARN, Ruth Mary (Cook)
ANDREW, Janet Elizabeth
ASHMORE, Gwynneth Mary (nee
Etherington)
BEARSPAW, Colleen Andrea
(Nony)
CHOW, Shuet Mui Alice
FOLKMAN, Elizabeth
FONTEYNE, Gladys Joan
FOWLE, Lyle Weldon
GANT, William (Bill) George Bruce
GASCHNITZ, Kathleen (Kay) (nee
McKee)
GRAHAM, Joan Antonia (nee
Molinski)
HALLETT, Louise Marian
HARWOOD, Ted
HILLMAN, Shirley Margaret (nee
Morris)
KOHEN, Helmut Bernard "Hal"
KOTOWSKI, Martin August Anton
LINDSAY, Vivienne Gail
MCDONALD, Kenneth (Ken) Harry
MOGHADAM, Hossein (Dr. Joe)
MONEY, Lorraine Mary (Cobb)
NATHOO, Arif Suleman
OCAMPO, Francisca Donalvo
PYKE, Evelyn Theresa Mary (nee
Cormier)
REISINGER, Phyllis Mary (nee
Harding)
ROSSI, Shirley Eileen (nee Vessey)
ROSYCHUK, James (Jim)
SCHOFIELD, Beatrice (Bea) (nee
Hendrickson)
SWEETNAM, Victor Samuel
WALDEN, Almas (Lalji)
WATKINS, Grace Patience (Barnes)

For full obituaries go to
CalgaryObits.com

Green home unveiled

House on display boasts Net-Zero energy use

Calgary's first Net-Zero home, Avalon Master Builder's Discovery 4 House, is now open for public viewing at SAIT Polytechnic.

The Net-Zero house is the latest in green innovation: It generates as much or more energy than it consumes over an annual period through heating, hot water, and power for appliances and lights.

"The Discovery 4 House was built on SAIT's campus to research, test and demonstrate the latest in environmentally efficient building technologies," said Irene Lewis, SAIT president and CEO.

"With thanks to government and industry partners, SAIT's Applied Research and Innovation Services team helped to make Calgary's first Net-Zero home a reality."

Environment Minister Jim Prentice presented SAIT with \$2.24 million from the College and Community Innovation Program for the Discovery 4 House.

The federal funding will be used for SAIT's Green Building Technologies program to support its goal of developing a Net-Zero energy standard and certifica-



From left: David Silburn of SAIT, Environment Minister Jim Prentice, SAIT president and CEO Irene Lewis, and Dr. Arlene Ponting, CEO of the Science Alberta Foundation, stand in front of Calgary's first Net-Zero home, Avalon Master Builder's Discovery 4 House.

tion for Western Canada.

"Hopefully with the applied technology and investments, we'll start to see some of the new homes being built with these technologies," said Prentice.

The Discovery 4 House

will be on display at SAIT until June.

Additional details on the Discovery 4 House are available at avalonmaster-builder.com.

WYNZIE CHAI/
FOR METRO CALGARY

Memorial march to honour women

VALENTINE'S DAY Over 200 people are expected to attend Calgary's second annual Valentine's Day Women's Memorial March, which will be held Sunday to honour the murdered and missing women of Southern Alberta.

The march began 19 years ago in Vancouver to pay homage to women who have died as a result of violence or abuse. Marchers across the country will par-

Facebook

• More information on the march can be found on Facebook at The Memorial March of Calgary and Southern Alberta.

ticipate, carrying placards of women who have been murdered or are missing.

"We're really trying to drive home that this is not only a women's issue, it's al-

so a men's issue," said Suzanne Dsuz, founder of Women's Memorial March Calgary.

"It's important that men start taking responsibility for what is happening to these women and start calling their peers on this behaviour."

The march will begin at Scarboro United Church (134 Scarboro Ave. SW) at 1:30 p.m.

WYNZIE CHAI/
FOR METRO CALGARY

Give a little love to quake victims this Valentine's Day

Haiti Crisis

FUNDRAISER Share the love while experiencing tastes and sounds from around the world this Valentine's Day and giving hope to the victims of the earthquake in Haiti.

United for Haiti organizer and host Leanne Kezin started a small fundraiser in hopes of helping quake victims, and has managed to grow the fundraiser to the \$10,000 mark.

"We wanted to reach our target, and it may be tough but we're doing our best. As Canadians we are very lucky where we live not to have these things happen,"



Tristin Chanel of Five Star Affair will perform at the Valentine's Day United for Haiti fundraiser.

Kezin said.

Popular local musicians Tristin Chanel, Alex Hughes and Michael Teclemariam, among others, will perform, and there will also be a variety of ethnic foods, Kezin added.

Tickets are \$25. For more information, contact info@unitedforhaiti.ca.

KRISTA SYLVESTER/METRO CALGARY

Most artists concentrated near downtown core: Report

STUDY Most of Calgary's approximately 5,100 artists live in centrally located neighbourhoods near the downtown core, according to a new report.

The study, done by cultural research firm Hill Strategies and involving the City of Calgary, Calgary Arts Development and Calgary Economic development, will be used to help support the growth of arts and creative industries in the city, according to a release.

"First and foremost, we know that Calgary has to be a great place to live and work as an artist if we want

Read more online

• For full report details, visit hillstrategies.com

a thriving cultural sector," said Terry Rock, president and CEO of Calgary Arts Development.

Findings include: The Calgary neighbourhoods with the highest concentration of artists include those with the T2S and T2N postal codes; 42 per cent of all artists in Calgary have a bachelor's degree; and the median earnings of artists is \$14,500.

METRO CALGARY

News in brief

CHECK STOP To ensure Calgarians buckle their children into car seats properly, the Calgary Police Service will be conducting car seat and seat belt inspections on Feb. 16. The inspection runs between 9:30

a.m. and 12:30 p.m. in the Saddleridge Safeway parking lot. The Check Stop is for educational and enforcement purposes, according to Const. Jim Lebedeff.

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Special valentines created by Canadians across the country will be delivered to veterans in long-term care facilities as part of the Valentines for Vets program. **THE CANADIAN PRESS**

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THE CANADIAN PRESS


Faced by protests, Olympics organizers issue report claiming the most sustainable Games ever held. Scan this code for the story.

[illegible]

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

The perfect wedding: No frills or flounce needed

Relating

Sofi Papamarko

metronews.ca/papamarko

I am fortunate enough to have many friends and an impossibly huge extended family. As a result, I have been to a LOT of weddings.

Every wedding I've attended has been special in its own way. But some stand out more than others.

If there were Olympics-style scoring in place for weddings, they would be ranked using the following criteria:

1. Company
2. Emotion

3. Quality of food
4. Overall memorability
5. A distinct lack of "The Chicken Dance"

I went to a wedding that scored off the charts this past weekend. The best part was that I didn't even know it was happening.

My dear friend Lindsay invited family and close friends to celebrate her boyfriend Lee's birthday at a French bistro. The couple are expecting a baby next month and were making a big deal out of this particular birthday because, in Lee's words, it would be the last time they'd ever be seen in public.

Before the main course, Lee stood up to make a speech. He thanked everyone for coming and casually announced that he and Lindsay had gotten married

earlier that day.

The birthday celebration suddenly became something else.

It's a wedding that I will remember much more vividly than all of the evenings featuring taffeta, extravagant floral arrangements, smoke machines and cheesy DJs playing Kool and the Gang.

There was no cake. No dance floor. No ice sculptures. No bridesmaids. But none of these trappings were missed.

Because this low-key affair had everything that makes a wedding great: The wine flowed. The food was gorgeous. The bride looked beautiful in a black maternity dress that she scored for 50 per cent off and a string of pearls with sentimental value. The speeches

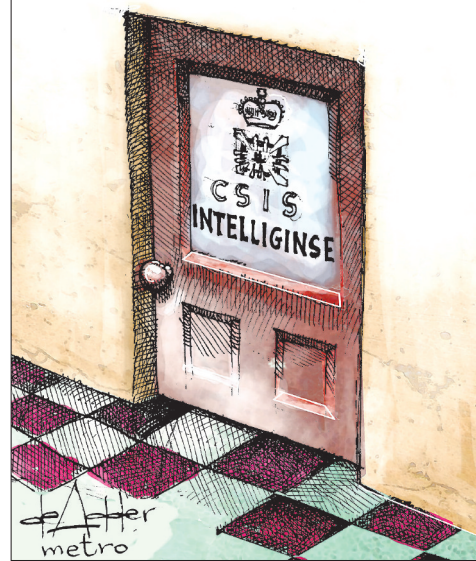
were tearful and sincere. And most importantly, the couple were surrounded by 25 people who love them.

Days later, I still well up whenever I think about it. It was perfectly imperfect. It was the best wedding I have ever attended and I will remember it for as long as I live.

Those of you planning weddings might fall into the trap of mistaking frills for needs. It's not a competition. It's about doing it in a way that makes you happy and reflects your personalities. Get married the way you want (if you choose to get married at all) and it can't be anything but wonderful.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

CSIS BLOCKS THE RELEASE OF ITS FILES ON TOMMY DOUGLAS:



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The number of Canadians who have been in a committed relationship for 10 years or more.



IPSOS REID

See metronews.ca for Melinda Matto's Broad Minded column – Recent attacks derailing feminism

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Sears*

A Rio samba group says a Brazilian judge has ruled that a seven-year-old girl can parade as its drum corps Carnival queen — a role usually reserved for sultry models and actresses. Children's rights groups say it's too erotic for a young girl. **THE ASSOCIATED PRESS**

World



Kenya moves prey closer to lions

Kenyan authorities plan to restore the predator-prey balance in one of the country's premier game parks after a recent drought — by moving thousands of zebras and wildebeests closer to the lions. At the end of a three-week operation, the Kenya Wildlife Service aims to relocate 4,000 zebras from different parts of the country to Amboseli National Park. In March, after the wildebeests have finished giving birth, the service plans to move 3,000 of them to the same park. **THE ASSOCIATED PRESS**

More snow hits U.S. East Coast

A second blizzard in a week swept up the U.S. East Coast yesterday, dumping historic snowfalls that shut down U.S. government offices and the United Nations in New York and paralyzed airports.

The storm dumped more than 25 centimetres of snow on parts of the Washington area that already had been hit with about a metre of snow over the weekend. Nearby Baltimore reported record snowfall.

The wind started blowing in gusts from 40 to 70 km/h in and around snowbound Washington. Driving conditions got so bad that officials in Washington and some nearby suburbs pulled plows off the roads.

New York, which avoided last week's blizzard, was not so lucky yesterday. The National Weather Service



Emily Tibbott skis past U.S. Capitol police officer Sean Whitehead as he stands guard on Capitol Hill in Washington yesterday. The second blizzard in a week struck the area yesterday.

issued blizzard warnings and predicted 25 to 40 centimetres of snowfall. Airlines cancelled hundreds of flights, and the city's 1.1

million students enjoyed a snow day — the third in six years.

Snow was falling from northern Virginia to Con-

necticut by early yesterday after leaving the Midwest, where the storm was blamed for several traffic deaths. **THE ASSOCIATED PRESS**

Strike brings Greece to a standstill

LABOUR A strike by civil servants shut schools and grounded flights across Greece yesterday, as unions challenged cuts aimed at ending a government debt crisis that has shaken the entire European Union.

Air traffic controllers, customs and tax officials, doctors and schoolteachers walked off the job for 24 hours to protest sweeping government spending cuts that will freeze salaries and new hiring, cut bonuses and stipends and increase the average retirement age by 63.

The strike left state hospitals working with emergency staff only and disrupted national rail travel,

m.metronews.ca



Google announces plans for ultra-fast Internet networks for a handful of lucky communities. Scan this code for the story.

although urban mass transport was unaffected.

Despite the strikes, markets reacted positively to signs that wealthy countries are closer to rescuing Greece. Stocks in Europe rose yesterday for the second day on expectations of action to prevent a Greek debt default that could spread to other EU countries. **THE ASSOCIATED PRESS**

News in brief

BLAZE A South African orphanage director died a hero, saving nine children as their home burned, local media said yesterday. The blaze early Tuesday

killed Sarah Holland, the founder of the home in KwaZulu-Natal province, along with two adults and eight children. **THE ASSOCIATED PRESS**

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Dubya returns on billboard

A group of small business owners have put former U.S. president George W. Bush on a Minnesota billboard. The tagline: "Miss me yet?"

world 9

Avalanche death toll now 166

RESCUE Afghan army troops continue to dig through huge snowdrifts trying to rescue people at the site of massive avalanches that blocked an important mountain pass north of Kabul Monday. The death toll had soared yesterday to 166, officials said. Hundreds more people remained trapped in snow-bound cars in the Salang Pass, 70 miles north of Kabul.

Officials said late yesterday did not expect further increases in the death toll.

THE ASSOCIATED PRESS



A man who identified himself as Evans Monsigrace, 28, is attended at a medical centre in Port-au-Prince, Monday.

Man says he was trapped 27 days

Fruit, water may have saved him

Haiti Crisis

The tale seems dubious: that a rice vendor survived 27 days trapped under the rubble of a flea market following Haiti's devastating earthquake.

Skeptical health workers said no one could live that long without water and the last confirmed survivor found was a 16-year-old girl removed from rubble 15 days after the Jan. 12 quake. The only sources for the story were the two Haitian men who showed up at a clinic carrying the vendor, dehydrated and malnourished with rail-thin legs.

But then the patient became lucid enough to tell his tale Tuesday. And while his account has not been independently verified, doc-

Death toll

- The Haiti quake killed 170,000 people, the Haitian government said Tuesday.

tors now say the 28-year-old man could have survived on water and possibly some fruit beneath the rubble.

The man — identified as Evans Monsigrace — told doctors he had just finished selling rice for the day at a downtown Port-au-Prince flea market when the quake hit. He said he didn't suffer any major injuries and was trapped on his side in an area where food and drink vendors were selling their goods.

"Based on that (his story), we believe him," said Dr. Dushyantha Jayaweera, a physician at the University of Miami Medishare field hospital.

THE ASSOCIATED PRESS

News in brief

ACCIDENT A TV news helicopter pilot steered his crippled, out-of-control aircraft away from a busy highway before crashing in a grassy field during rush hour yesterday, losing his own life but avoiding greater casualties. A cameraman on board was seriously injured. The Record TV helicopter was destroyed after going down next to the track of Sao Paulo's Jockey Club horse racing complex, a few hundred metres from heavy traffic on the thoroughfare.

DEATH A knife-wielding Palestinian police officer killed an Israeli soldier yesterday as he sat in a jeep stopped at a traffic light in the West Bank, the military said, in a rare case of violence recently in the territory.

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H&M

David and Gail Asper, the son and daughter of Canwest Global Communications founder Izzy Asper, have resigned from the media conglomerate's board to pursue other interests and help shrink the board's size as the company restructures. **THE CANADIAN PRESS**

<h1>Business</h1>	DOLLAR	N.GAS	OIL	TSX
	US 94.07¢	US \$5.351	US \$74.52	11,286.33
	US 0.43¢	US 6.1¢	US 77¢	12.09

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Ontario biopharmaceutical company posts first-ever profit

REVENUES Bioniche Life Sciences Inc. recorded its first-ever quarterly profit at the end of 2009, boosted by revenues from a licensing agreement with an American firm.

The biopharmaceutical company said yesterday its net and comprehensive income totalled \$2.7 million or four cents a share in the second quarter ended Dec.

31. That reversed year-earlier loss of \$2.4 million. Revenues jumped 61 per cent to \$13.8 million from \$8.6 million.

"This was a very positive quarter for the company, the first one in its history to show a profit," stated chairman, president and chief executive Graeme McRae.

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Honda airbag recall rises

Hundreds of thousands of cars need to be repaired

Honda Motor Co. is adding 437,000 vehicles to its 15-month-old global recall for faulty airbags in the latest quality problem to hit a Japanese automaker.

The company will replace the driver's side air bag inflator in the cars because they can deploy with too much pressure, causing the inflator to rupture and injure or kill the driver.

Japan's No. 2 automaker originally announced the recall to the U.S. National Highway Traffic Safety Administration in November 2008 and the total number of vehicles recalled since then is approaching one million. The latest expansion of the recall includes 378,000 cars in the U.S., some 41,000 cars in Canada and 17,000 cars in Japan, Australia and elsewhere in Asia. The North American recall was announced Tuesday and followed yesterday by the recall in Asia.



Honda Motor Co. said yesterday that it is adding 17,000 more cars in Japan and elsewhere to an existing global recall for faulty airbags, bringing the latest round of recalls to 437,000.

Honda's announcement comes at a time of increased attention on automotive recalls. Though the problems are unrelated, rival Toyota Motor Corp. is in

the process of recalling more than eight million cars and trucks due to faulty gas pedals. On Tuesday, Toyota said it would recall more than 440,000

of its flagship 2010 Prius and other hybrids due to a braking glitch.

"There is a heightened sensitivity right now to anything to do with recalls," said John Mendel, executive vice-president of sales for American Honda.

One analyst suggested that Toyota's woes may have lowered the bar for recalls, prompting automakers to announce full-fledged recalls for problems that would normally be handled during regular car inspections or service campaigns calling in cars at the owner's convenience.

"With Toyota's big problems, Honda realized it couldn't avoid a recall in these other models," said Toshiro Yoshinaga, an analyst at Aizawa Securities in Tokyo. "Given all the negative publicity surrounding Toyota, they probably thought they just needed to step out and do a recall."

THE ASSOCIATED PRESS

Air Canada loses far less than in '08

AVIATION Air Canada beat expectations yesterday by reporting that it lost \$56 million in the fourth quarter, a dramatic improvement from the same period in 2008.

The quarterly loss at Canada's largest airline would have been even bigger if not for \$108 million in gains on foreign exchange.

The latest quarterly net loss amounted to 25 cents per diluted share, compared with a loss of \$7.27 per share in the fourth

\$727M
In the fourth quarter of 2008, the Montreal-based airline firm had a net loss of \$727 million, including \$527 million in foreign exchange losses.

quarter of 2008.

Operating revenues dropped by \$150 million to \$2.35 billion from nearly \$2.5 billion in the same quarter of 2008.

Analysts had expected a loss of 69 cents on \$2.3 bil-

lion of revenue.

Revenue fell for a number of reasons, including less passenger travel because of the weak economy, greater fare discounting and reduced fuel surcharges.

"Over the past year we have overcome tremendous challenges to begin 2010 with satisfactory liquidity, reduced unit costs and measurable customer satisfaction improvements," said president and CEO Calin Rovinescu.

THE CANADIAN PRESS

Business in brief

PUBLISHING Printing company Transcontinental Inc. is dramatically reducing its U.S. presence after agreeing to sell its American direct mail operations to IWCO Direct of Minnesota for an undisclosed price.

THE ASSOCIATED PRESS

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U.S. Fed chairman Ben Bernanke unveils inflation-fighting plan to reel in stimulus cash flooding the economy. Scan this code for the story.

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Cut forces Gaborik out of lineup

Rangers leading scorer Marian Gaborik missed New York's game against Nashville last night because of a cut on his right leg caused by the skate of teammate Henrik Lundqvist one day earlier in practice. Gaborik, who has a team-high 35 goals and 69 points, was ruled out by Rangers coach John Tortorella about two hours before game time. **THE ASSOCIATED PRESS**

11

Sports



Parnevik fears career is over

Jesper Parnevik, left, says he will likely have to quit golf because of a broken vertebrae in his lower back. Parnevik, a five-time winner on the PGA Tour, told Swedish tabloid Aftonbladet that doctors say he needs to undergo joint fusion surgery, "which means I can't play anymore."

THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Capitals' win streak ended by Canadiens

NHL RESULTS**Capitals 5 Habs 6 (OT)**

Tomas Plekanec scored his second of the night at 4:52 of overtime last night as the Montreal Canadiens snapped the Washington Capitals' 14-winning streak with a 6-5 victory, despite blowing a three-goal third-period lead.

Scott Gomez, Tom Pyatt, Maxim Lapierre and Glen Metropolit also scored for the Canadiens (29-26-6), who won the season series against the powerhouse Capitals (41-13-6) with a 2-1-1 record. Carey Price, making his first start since Jan. 27, made 33 saves for the Canadiens to win for only the third time in his last 12 starts.

Brooks Laich scored three times for the Capitals, including one with 18.4 seconds to play in



Montreal Canadian Tomas Plekanec, centre, is congratulated by teammates Roman Hamrlík and Sergei Kostitsyn after scoring the winning goal against the Washington Capitals last night.

regulation, as Washington fought back from a 5-2 deficit to force overtime.

Nicklas Backstrom and Mike Green also scored

for the Capitals, who came within a game of tying the second-longest winning streak in NHL history. **THE CANADIAN PRESS**

New Argos owner isn't apologizing

CFL B.C. Lions owner David Braley isn't apologizing for buying the Toronto Argonauts, saying he's simply doing what's in the best interests of the CFL.

"I love the CFL game and I love the league," the Hamilton businessman said yesterday. "The Toronto market is far too important."

"If Toronto strengthens, Hamilton strengthens, southern Ontario strengthens and the CFL office strengthens because it can get more sponsorships."

On Tuesday night, the Argos announced co-owners David Cynamon and Howard Sokolowski had reached an agreement to sell their club to Braley in a move that had been rumoured for weeks.

Braley said he has no plans of selling either of his CFL franchises any time soon.

THE CANADIAN PRESS

Raptors hold off late surge by 76ers

NBA RESULTS**76ers 93 Raptors 104**

The Toronto Raptors won their eighth in a row at home last night, surviving a furious fourth-quarter comeback from Philadelphia to beat the 76ers 104-93.

Chris Bosh led the Raptors with 23 points and 12 rebounds, while Andrea Bargnani added 16, including an important three-pointer late.

Sonny Weems and DeMar DeRozan each scored 14 points for Toronto (29-23).

Louis Williams scored 26 points for the 76ers, including 14 in the fourth quarter. Thaddeus Young added 15

for Philadelphia.

The 76ers (20-32), winners of five in a row coming in, trailed by as many as 23 in the third quarter and entered the fourth down by 15.

They cut the lead to five points when Elton Brand made two free throws to make it 86-81 with 5:20 to play.

Williams hit a three-pointer with 3:45 to play and scored on a driving lay-up with 3:18 left to pull the 76ers to within four at 90-86.

After Bargnani made one of two free throws, Williams hit another three with 2:52 left to cut the lead to 91-89. Bosh hit two free throws, but Williams again cut the lead to two and Young tied it at 93-93 with 2:06 to go. **THE CANADIAN PRESS**

Sports in brief

HITMEN Brandon Kozun had a hat trick for Calgary as the Hitmen topped the Regina Pats 6-2 in the Western Hockey League action yesterday. Also piling up the points for Calgary (38-16-2) was Misha Fisenko (one goal, two assists), Ian Schultz (three assists), Cody Sylvester (two assists), while Rigby Burgart and Tyler Fiddler also scored.

SOCCER Chelsea crashed to a 2-1 loss at Everton yesterday and saw its Premier League lead trimmed to a point by Manchester United, which drew 1-1 with Aston Villa. Arsenal closed the gap on

Chelsea to seven points with a 1-0 victory over Liverpool.

BOXING Canadian Steve (The Canadian Kid) Molitor is getting a chance to regain the IBF junior featherweight boxing title March 27 at Rumble at Rama XI. Molitor will go to the ring against South African Takalani Ndlovu for the vacant title.

BASEBALL A source requesting anonymity says the Atlanta Braves have made an offer to free agent outfielder Johnny Damon. Atlanta's offer is believed to be for one year and include deferred money.

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NHL

YESTERDAY'S RESULTS
Montreal 6 Washington 5 (OT)
Columbus 3 San Jose 0
Nashville 2 N.Y. Rangers 1
Philadelphia 3 New Jersey 2 (OT)
Pittsburgh 3 N.Y. Islanders 1
Phoenix 3 Minnesota 2
Atlanta 2 Colorado
Edmonton at Anaheim

NBA

YESTERDAY'S RESULTS
Toronto 104 Philadelphia 93
Miami 94 Atlanta 76
Milwaukee 97 New Jersey 77
Sacramento 103 Detroit 97
Orlando 107 Chicago 97
Charlotte 93 Minnesota 92
New Orleans 93 Boston 85
Portland at Phoenix
L.A. Lakers at Utah
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Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Showdown on the short track

Ohno stands between Hamelin and gold

Bring up the name of celebrity skater Apolo Anton Ohno with members of Canada's short-track speedskating team and they will provide no shortage of opinions.

This is clearly someone they've spent time thinking about.

Ohno, who goes into the Vancouver Games threatening to become the most decorated American Winter Olympian in history, will be competing directly with Canadian star Charles Hamelin for medals.

That makes for a spirit of grudging respect and sub-

tle hostility towards Ohno, a five-time Olympic medalist with a Hollywood attitude, in the Canadian camp.

"He's all right, he's been better," Canadian speedskater Olivier Jean said nonchalantly.

"He's a skater who really knows the game and is always well placed and has excellent strategies, with a lot of experience, but he's not as dominant physically now compared with the other athletes."

Ohno and Hamelin are rivals, but the two couldn't be more different — at

least on the surface.

"Charles is less of a showman, less pretentious, less arrogant," said medal favourite Kalyna Roberge of her teammate.

Ohno is competing at his third Games at age 27. He is one of the best-known amateur athletes in the world, an entertainer whose hip-hop freestyle and paso doble famously took him to the top on the TV show Dancing with the Stars. Requests for interviews with Ohno must go through his agent, rather than US Speedskating.

Hamelin, 25, has become



Charles Hamelin, left, moves up on Apolo Anton Ohno during the final of the men's 1000-metre event at the short-track speedskating ISU World Cup in Montreal on Nov. 8.

a star in his native Quebec, but remains slightly shy and intensely focused. After Hamelin and his teammates were eclipsed by Ohno's star power at a 2008 world cup competition in Vancouver, they've worked on raising the profile of the Canadian athletes in time for the Games, where many fans from Ohno's hometown of Seattle will be in attendance.

"(Charles) is more discreet, more Quebecois," team leader Yves Hamelin said of his son. "It's harder for him to play a role. He's very available, he's going to give back a lot to the

On the web

Learn more about Charles Hamelin in an interactive profile at metronews.ca/olympics

sport, and as much to the media as to his sponsors."

But Hamelin is a rookie compared to Ohno in the world of self-promotion.

Ohno has done photo shoots with Vogue and Cosmopolitan, and appeared in a high-profile Gap campaign with his signature bandana and soul-patch. His website includes a chance to win an "auto-graph prize pack."

The two skaters don't really like each other, and there's definitely a U.S.-versus-Canada element to it, said Hamelin's girlfriend and teammate Marianne St-Gelais.

"Charles does his thing, he's in his bubble, he's nice on the ice. He respects the people who are there, even the people who aren't as strong, he respects them just the same," St-Gelais said.

"Apolo, I find less of that. He's experienced, he knows he's good, so I find he does things that are a little more last minute, because he knows he can do them." THE CANADIAN PRESS



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Valentine's Day

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Treats for your sweet

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GIFTS FOR HIM

These fun boxer shorts are sure to be a hit. "Hello My Name is Mr. Right," top right, is \$10 for a pack of two at Walmart. The Hershey's Kisses boxers, left, are \$9.97 at Zellers.



La Senza microfibre babydoll with garters and bikini panty, \$49.50, and La Senza panties, top right, \$12.50 each or three for \$30. For more, go to lasenza.ca.



Lace babydoll and string panty, \$39, lace corset, \$89, at Jacob. For more, go to jacob.ca.

"Kiss me I'm Canadian" T-shirt, \$15. Available exclusively through the Hershey's Kisses Canada Facebook page at facebook.com/hersheyskisses until March 19.



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FOR THE TECH-LOVER

These red laptops are the perfect gift for your Valentine this year. The HP Mini 210, left, is small enough to fit into most purses. It's available for \$399 at Staples, Walmart, Costco and at hpshopping.ca. The Toshiba NB305 Netbook boasts a long-lasting battery life. It's available for \$459 at major retailers and shoptoshiba.ca.



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Celebrate independence, friends



If you're unattached this Valentine's Day, get all of your single friends together and have a girls' (or guys') night in.

Plenty of ways to have fun if you're single this weekend

EVA LAM
for Metro Canada

Valentine's Day isn't just for couples.

For all the single folk out there, this holiday of love is the perfect opportunity to celebrate independence, friendship or the spirit of charity.

Love yourself

You can make Valentine's a day for guilty indulgences, says Ali de Bold, founder of the popular women's resource ChickAdvisor.com.

"Have a quiet day at home and be thankful for the time that the phones stop ringing."

Ali de Bold, founder of ChickAdvisor.com

Put on your pyjamas, pour a glass of your favourite wine, and watch movies you're embarrassed to admit you love.

"Have a quiet day at home and be thankful for the time that the phones stop ringing," de Bold says.

Another way to treat yourself: Go on vacation.

Love your friends

Get all of your single friends together and have a fun girls' (or guys') night in. For a twist on the traditional dinner party, de Bold suggests using a personal chef who will come to your home to cook a gourmet meal, or teach you and your friends how to cook one.

If a night out is what you're looking for, put on your best threads for some good food and dancing.

Love others

The No. 1 positive about being single on V-Day: "You don't have the expectations that all the girls do who are in a relationship," says de Bold.

Why not think of it as a chance to turn the focus from yourself to others? De Bold suggests volunteering for a charity, dropping in at a soup kitchen or bringing flowers to a nursing home.



Advice for the procrastinator

RAFAEL BRUSILOV
for Metro Canada

So Valentine's Day is here and, yet again, you've forgotten beforehand to buy flowers or arrange to have them delivered. Fret not, you shameless procrastinator, all is not lost.

Short of painstakingly growing your own flowers in a backyard greenhouse and plucking the choicest ones on the day itself for your sweetheart (which, undoubtedly, is a very romantic option), most of us will have to settle for the store-bought variety.

The first thing to remember is that many florists know just how close you like to cut things, and as a result do offer same-day delivery on Valentine's Day, albeit for a higher price given the demand. Get that phone charged up and start calling your local florists (or start Googling "massive apology" if you come up short). Pickings will get slimmer as time nears the evening on V-Day regardless though, so get



To save some money, consider flowers other than roses.

moving as early as possible.

Consider other flowers, or even plants, instead of roses. Marketers have promoted roses as the de-facto floral choice for Valentine's Day, but there's no reason any other flower can't proclaim love just as well.

Roses are also particularly expensive and often hard to come by at the last minute, whereas florists might still have plenty of other gorgeous flowers left in stock to bail out your procrastinating self on the crucial day.

If your sweetheart has a favourite flower, go with that in-

stead, or even consider a beautiful potted plant — it will last much longer as a symbol of your love. A juniper bonsai plant or young bamboo shoots curved into the shape of a heart are a few great choices.

If you have a special arrangement you want done, you really need to order early, since florists will be so swamped on Valentine's Day that most won't offer any last-minute arranging — so create your own. Order a collection of different flowers from the florist and arrange them yourself. Doing so will let you personalize the bouquet, and might even save you some money. Look at online photos of flower arrangements to get some ideas if you're not particularly creative.



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WHAT DID CONSUMERS VOTE FOR?

metro

18 valentine's day

metronews.ca

Thursday, February 11, 2010

Have a heart

Have some fun with your Valentine this weekend — give her this red eye mask covered in purple hearts. Available for \$1.93 at Walmart. Go to walmart.ca for more. METRO NEWS SERVICES

Ramp up the romance

RAFAEL BRUSILOV
for Metro Canada

Valentine's Day can often be expensive to celebrate but frugal lovebirds shouldn't have to feel left

out — after all, it's usually the thought that counts.

Instead of feeling compelled to drop a lot of money on the looming V-Day, why not ramp up the romance with a few low-cost options that show off how

strong your feelings are rather than how big your wallet is?

Be early

Celebrating a day before will let you do just about anything you'd normally do on Valentine's Day, but without paying the dreaded V-Day premium, and you won't have to deal with swarms of couples batting eyes (or throwing drinks) at each other.

Take that moonlight cruise or check out that stage show you've been thinking about without having to pay double for it — and then have a great bouquet of flowers arrive on the actual day.

Stay in

A lovingly prepared home-cooked meal can really impress your sweetheart for a

fraction of the cost of a restaurant meal while being much more intimate and romantic.

Pick your own mood music, light some candles and deck out the table with rose petals and your favourite wine — it's easy to enjoy something you already like. Google around for some recipe ideas or check out cookingnook.com for some great options.

Be creative

Meals happen all the time, but how often do you get to show off your touching, creative side? A thoughtful poem, song or portrait can be a great keepsake and a testament to your feelings.

Remember, keep the humour romantic and charming, and finish strong.

For those less creative



If you're planning a romantic date at home, light some candles and deck out the table with rose petals and your favourite wine.

types, you can buy a personalized Valentine's Day song from sites like giftsongs.com — just plug in your loved one's name and a few details like their eye colour, and so on, and let the professional singers do the rest, all for about \$50.

Face time for long distances

If you're away from your loved one on V-Day, hooking up on a video chat can be a great way to reconnect and proclaim your

love, as well as sending a video. YouTube is offering links to a string of cute, user-made Valentine's videos, or you can take one yourself and send it directly to your sweetheart.

"One of the really nice things about online video is it lets you feel connected to the people you fell closest to emotionally — even when you're not close to them geographically," said Google Canada spokesperson Tamara Micner.

Valentine's Day DIY

Here are some more ultra-cheap, ultra-romantic options for Valentine's Day:

- Make a special care package with all the favourite things your sweetheart loves, no matter how small or funny. Noticing the little things will get you massive brownie points.
- Write up some "love coupons" to give to them which entitle them to a ro-

mantic dinner, massage or perhaps much more any time they'd want.

- Set up your home like a romantic spa, with candles and a bubble bath for two.

- Leave secret love notes — ideally with something sweet attached for your lover to enjoy — all around the home, inside their car or stuck to the bathroom mirror.

Give her everything from silky skin to sexy polish

JANINE FALCON
for Metro Canada

From silky skin to custom fragrance to a sexy nail-polish application à la sweet 2006 romantic movie called *Something New* (starring Simon Baker of *The Mentalist*), consider these outside-of-the-chocolate-box ideas for your darling.

LoveFresh Body Goodies Hand and Body Wash in Lemon Verbena (\$18) gives a shower for two an extra



LoveFresh Body Goodies and Body Wash in Lemon Verbena sells for \$18.

stimulating zip. It's paraben free and Canadian, too. Go to LoveFresh.com for retailers.

Revolution Organics 22+ All-Over Body Balm (\$28) is richly emollient with organic cocoa butter, shea butter, olive oil and apricot oil, all of which are rich in all the best-for-skin vitamins. As for the 22 uses, we'll leave you the fun of figuring them out. Go to TheShoppingChannel.com or revolutionorganics.com for retailers.

Linden Leaves Aromatherapy Synergy In Love Again body oil (\$39.80) soothes and smooths dry skin with essential oils including neroli, vanilla and sandalwood, for a massage with bene-

fits. Visit lindenleaves.com for retailers.

Butter London Nail Lacquer in Knees Up (\$17), a sassy, metallic red, requires an explanation: "knees up" is Brit slang for a dancing good time.

Chanel Nail Lacquer in Particulière (\$26) will impress too; it's the hottest shade of the season. Head over to Butter-London.com for a list of retailers; it's also available at Chanel counters.

Kérastase, SEAH Hairspa and Shu Uemura Art of Hair in-salon rituals all incorporate substan-

tial moan-inducing head massages in hair-type specific treatments, which start at about \$45 depending on the brand and salon. Moans are good Valentine's gifts, aren't they? For more, go to Kerastase.com or Schwarzkopf-professional.ca. Or call Shu Uemura Art of Hair at 1-866-537-2782.

Aromachology custom fragrance (from

\$70) can help you look like a

Valentine's Day superstar: With just a few questions they'll help you create a just-for-her scent based on her personality. Go to MyAromachology.com for locations.

The Body Shop Maca Root Wash Off Shave Oil (\$10) makes for an easy-glide shave for face or legs, and a wondrously smooth finish your honey will thank you for.

Enjoy. Available at The-

BodyShop.ca and The Body Shop stores.

Bobbi Brown Shimmer Brick in Nectar (\$49) and **Guerlain's Cherry Blossom eye shadow quad for Spring** (\$64) are beautiful last-minute choices that don't look so last minute. Trust us, she'll appreciate it.

Both items are available at Holt Renfrew and Mura stores across Canada.

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Metro Homes



Reflect

Reflection in the round, this Horn Wall Mirror is encircled with pieces of natural horn. West Elm, \$79, westelm.com.

JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Batten down the bedroom

Homes in
Style

JENNIFER BILL
for Metro Canada



Typically hiding behind closed doors from those invited over for tea — the bedroom is the most personal space in the house.

"A bedroom is the place where we spend a great deal of time and it's a place of refuge," said Jacqueline Glass, editor of *Reno & Decor* magazine.

"It's the room that friends and family members see the least, so people can just close the door. But I think it has changed a little bit — people are house proud."

Whether with bed made and pillows aligned or sheets dishevelled and begging to be jumped in, the

bedroom is the place you start and end your day, the place to hide, cry or ponder life while cosy and relaxed.

"Bedrooms should be soothing," said Glass, who runs design company Jacqueline Glass and Associates. "With gorgeous linens and lots of Euro shams and a beautiful fabric headboard for the bed you can create a space that is beautiful and inviting to be in."

"Take a feather mattress that you lay on top of your mattress, mattress protectors that are quilted, 500 thread-count sheets for that luxurious feel, and a down duvet a size larger than the cover. Stuffing it in (will make the bed appear it is) bigger. It looks all plushy and luxurious."



Cuddle up cozy with this **Sheep Throw**, made from 20 per cent polyester, 80 per cent acrylic with a polyester lining. Available in white, beige and black. Urban Barn, \$95, urbanbarn.ca.



Inspired by blackbird silhouettes, these decorative **Sculptural Birds** add a playful touch to a bedroom bookshelf. Cast of aluminum with a bronze finish. Detailed with oversized feet for whimsical appeal. Pottery Barn, \$29-\$39, potterybarn.ca.



This chic **Foxed Mirror Table Lamp** dazzles over a shapely wood-construction base, topped with a white textured cotton shade for glamorous illumination. West Elm, \$199, westelm.com.



Small lamp, big impact. This **Round Uplight Table Lamp** has a simple silhouette, rendered in natural materials, hand-hammered metal or bone, and topped with a textured white cotton shade. West Elm, \$59, westelm.com.

Advertising Feature

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TOP 5 PHOTOGRAPHERS RECOMMENDED BY METRO READERS

FULLER EDGE

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PMG IMAGE - PAUL MCGRATH

"Paul was our wedding photographer and he was so wonderful to work with - fun and creative, yet professional."

MAGELLE'S PHOTOGRAPHICS

"Incredible, creative wedding photography for people looking for something a bit different."

BOWES PHOTOGRAPHY

"She has a timeless style that really celebrates the emotion between a parent and child."

RON LELANC

"Ron takes amazing photos and his work is of the highest quality."

NEXT WEEK'S TOP 5 - GRAPHIC DESIGNERS

Recommend your Graphic Designer by Friday and you could WIN A HP MINI 10.1" NETBOOK!
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Organize and display each piece with style using the chrome plated metal **Bijou Jewelry Tree**, with a variety of hooks and a tray at the bottom. Urban Barn, \$20, urbanbarn.ca.

Simple solutions for cleaning quandaries

They are the cleaning jobs around the house that can drive even the most ardent neat freak a bit batty — the vase you can't properly wash or the tile grout that isn't as fresh-looking as it once was.

In Real Simple Solutions, the editors of Real Simple magazine are sharing some of their wisdoms, tricks and easy ideas to not only take the elbow grease out of cleaning, but also simplify everyday life using products you already have around the house.

Among their advice is how to use an everyday fabric-softener sheet for more than just preventing dryer cling:

DRAWER SCENTER If fabric-softener sheets make your clothes smell nice in the dryer, just think what they could do in your dresser. Slip a few fresh ones between folded clothes.

THREAD DETANGLER To stop thread from twisting and knotting up, run the threaded needle through a fabric-softener sheet before starting to sew.

BOOK DEODORIZER Prevent your beloved old volumes from acquiring a musty smell by inserting a fabric-softener sheet between the pages.

SHOE FRESHENER: Sadly,



Use a fabric-softener sheet to get rid of static cling.

shoes don't keep that just-purchased scent past one or two wearings. Place rolled-up sheets in the toes to control odor.

SAWDUST CLEANER: For wiping up sawdust after drilling, you need something that can grab the fine particles. A used fabric-softener sheet will do the trick.

SCUM BUSTER: Remove obstinate soap buildup from glass shower doors by sprinkling a few drops of water onto a used fabric-softener sheet and scrubbing.

CLING COMBATANT: When static attacks, pat yourself down with a fabric-softener sheet.

Here are some other Real Simple Solutions hints on how easily-found household products can be used to make cleaning easier.

LINT ROLLER

Old Use: Fuzz eliminator

New Use: Lamp-shade duster.

Supporting the inside the shade with your free hand, run a lint roller up and down the outside to remove dirt.

DENTURE TABLETS

Old Use: False-teeth freshener

New Use: Vase and decanter cleaner. When residue clings to unreachable spots inside a vase or a decanter, fill the container with warm water and drop in one or two denture-cleaning tablets for every eight ounces of

warm water. Let the fizzy solution sit for the time specified on the product's box, then rinse.

ELECTRIC TOOTHBRUSH

Old Use: Smile polisher

New Use: Tile scourer. Dip an old, retired toothbrush head into a solution of all-purpose cleanser and water, and use it to scrub tile grout, bathroom fixtures, and any other nook or cranny a large brush can't reach.

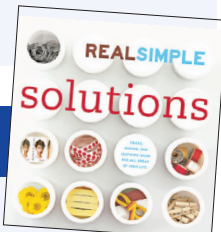
RUBBER GLOVE

Old Use: Dishwasher assistant

New Use: Pet-hair remover. Put on a damp rubber dishwashing glove and run your hand over hair-covered upholstery — the hair will cling to the glove, not the sofa. Rinse off the glove in the sink (with the drain catcher in place, of course).

REAL SIMPLE Solutions

Real Simple Solutions (\$24.95) is available at Indigo and Chapters, visit chapters.indigo.ca.



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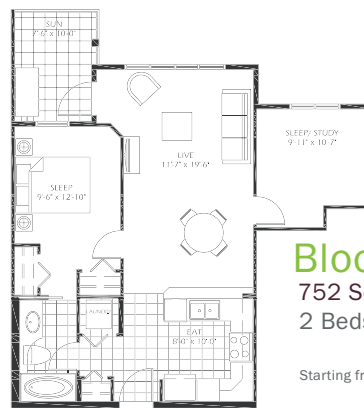
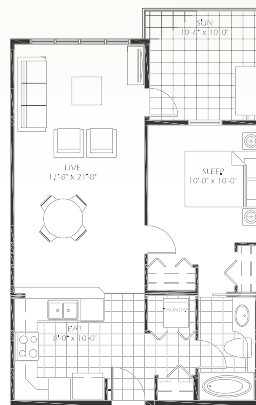
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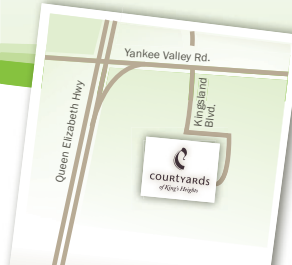
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* Purchase a condo in Phase 2 before Feb. 28, 2010 to take advantage of this offer; Price and offer are subject to change without notice; Limited to first 10 buyers; Some conditions apply; See Showhome for details; E. & O.E. apply.



Canadian owned Long Legs Fashions for Tall Women has recently partnered with TallGeneZ (tallgenez.com), a unique denim fashion business that specializes in designing jeans specifically for the tall woman. For more information, visit longlegs.ca. **METRO NEWS SERVICE**

Style



Chung for Madewell collection

Alexa Chung is many things: TV personality, model, DJ, writer, photographer, downtown-cool style icon, best-dressed-list mainstay... and now she can add fashion designer to the list. She's partnering with Madewell, the heritage denim label that's part of J.Crew Group, to create an exclusive collection—her first-ever collaboration with any label—due to debut fall 2010.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Lady in red

A shade sure to electrify your wardrobe

SOFI PAPAMARKO
for Metro Canada



This month, we'll be seeing red. A lot of it. And it won't just be in the form of Valentines, cinnamon hearts and cellophane-wrapped bouquets.

Forward-thinking fashionistas are embracing red during this — the blah-est — time of year. Metro spoke with two of Canada's foremost fashion experts to find out why red is so hot this season.

"Red is always hot," says Lisa Tant, editor-in-chief of Flare magazine. "It feels particularly 'right' now because it gives off a burst of energy and passion at a dull time of year. It's also a classic look that is appropriate for any age and skin tone."

What if you want to wear red, but you're low on green?

"It's a smart investment when budgets are tight because it electrifies all of



Anne Klein
slingback
(\$125, The Bay)

the basics in your wardrobe," says Tant.

Anita Clarke, editor and founder of Toronto-based fashion blog I Want I Got, has some tips on how to best wear red:

"Pay close attention to fit," she advises. "Red gowns are truly dramatic but cocktail dresses can be more fun and playful. For either style, I would wear a dress that has (few) details... the colour and a clean silhouette should be the focus of the outfit. I like minimal accessories in a neutral colour, with black being my default."

If you're not a woman who feels comfortable in head-to-toe red, the vibrant



Scarf
(\$15.90),
Dynamite

hue also makes a great accent colour. If a crimson gown is not your scene, try accessorizing a dark wool coat or black dress with a carmine purse, scarlet scarf or maybe even a raspberry beret.

"Red adds radiance and a glow to skin," says Tant.



Necklace
(\$14.90),
Dynamite



Take a cue from the celebs and embrace red during this blah time of year. Pictured: singer Taylor Swift.



Wallet
clutch (\$22),
Smart Set

Add a little rouge to your home

Just like red accessories add drama to an outfit, red home accents heat up a room instantly



"Red is a strong, passionate colour and the Voluspa Goji Berry collection... combines the perfect blend of a beautiful red, Japanese floral motif with an elegant fragrance in a clean-burning artisan candle."

Will Moskal, Public Relations Coordinator, Indigo Books

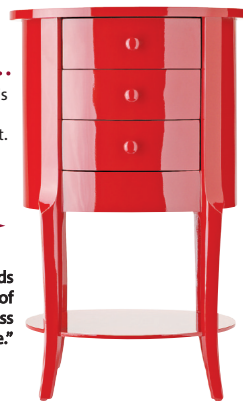
Voluspa Goji Berry hand-poured three-wick tin candle, \$24.99, Indigo and Chapters.



A one-of-a-kind tree silhouette is framed by a striking red border in this unique acrylic piece of art. \$495, Pier 1.

"Fire Engine Red commands attention. A small accent of vibrant colour is nevertheless mighty in any size space."

Colleen Uncas, Public Relations Manager, Winners Merchants International



High-gloss lacquer side table in Fire Engine Red, \$159.99, HomeSense.



"Red is a power colour no matter where you see it, it's the starlet of all colours that instantly brings style and boldness into your home."

Aimee Beatty,
Pier 1 Imports, Stylist

Red Velvet Dining Chair,
\$269.95, Pier 1

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Last chance mittens

The final shipment of Vancouver 2010 Red Mittens arrived late last week in Hudson's Bay Company stores across the country, including the Bay, Zeller's and Home Outfitters. The red mittens with a white maple leaf on the palm retail for \$10. **METRO NEWS SERVICES**

style **23**

Jewelry to honour the games

JANINE FALCON
for Metro Canada



A young sasquatch with a passion for hockey, a surfing sea bear with a snowboarding obsession, a sports-enthusiast animal spirit with thunderbird wings, and an extroverted marmot with a fondness for food... meet the mascots of the Vancouver 2010 Olympic and Paralympic Winter Games.

Inspired by West Coast First Nations folklore, Quatchi, Miga, Sumi and games-sidekick MukMuk are also quirky charms in a line of jewelry by Birks, official jeweler of the games.

Birks' 2010 Winter Games collection celebrates Canada's aboriginal culture as well as the Olympics. Nature-inspired elements depicting such things as a bear, tree, and a Squamish legend of surviving a great flood reinforce the theme as well as pay homage to the BC landscape.

Most represented is the official emblem, a contemporary interpretation of an inukshuk, the Inuit rock structure and navigational marker. Called Ilanaaq, which means "friend" in the Inuktitut language, "it's something we can all embrace," says Birks design director Marion Cameron. "It's uniquely Canadian and stands for hope and friendship, which also has great meaning for the games."

The designer's mandate was to incorporate official graphic images sanctioned by the Vancouver Olympic Committee (VANOC) in a line that captures the spirit of the games, the Birks brand and the Birks consumer as well as fans of the sports. Rather than feeling constrained by restrictions, Cameron says she was inspired. "It was a very natural fit," she says. "Most of [the Olympic brand team's] forms are fairly fluid with no sharp corners, which fit my natural design instincts, too."

Among Cameron's favourite pieces is a charm bracelet - "I used nature symbols from some of the [approved] artwork, a little man and different animals because they're light and fresh and cute" - and a necklace with three pendants. "Our triple pendant has a playful feeling. I'm pleased with it because it merges what I would have done anyway with the symbolic things they handed me."

The Birks collection includes cufflinks for him, and lifestyle items such as

"it's not a souvenir you use for a week ... It's (something) you want to live with for a while." Birks design director Marion Cameron

key rings, drink charms, even a charm for cell phones. "We also did one for each sport, tailored to

people who want the memory of a particular event," says Cameron.

Most pieces are sterling

silver to keep prices accessible as well as to give the collection a modern yet timeless quality. "We're talking about a form of souvenir, but it's not a souvenir you use for a week then toss into a drawer," says Cameron. "It's a souvenir you want to live with for a while."

Birks Ilanaaq Necklace with nature charms (\$150)



Birks mascot charms: Miga charm (left), Muk Muk (right). Both \$75.



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Walmart

Tom Felton is teaming up with Ashley Greene for a ghostly new movie. The British actor, best known for playing villainous Draco Malfoy in the wizard films, has signed up to star in spooky story *The Apparition*, about a young couple haunted by a supernatural presence unleashed during a college experiment. FEMALEFIRST.CO.UK

Entertainment



New Mission

Paramount has confirmed a report from DeadlineHollywood.com that Tom Cruise is attached to star in *Mission Impossible IV*. He will also produce the film, which is to open in 2011. EW.COM

EDITOR: DEAN.LISK@METRONWS.CA

★★★★ A CLASSIC; ★★★★★ EXCELLENT; ★★★ GOOD; ★★ FAIR; ★ POOR

Sade still the ultimate in cool

Sade

Album: *Soldier of Love*

Label: Epic/Sony

Rating: ★★★★★

SADE'S SMOOTH OPERATOR personified "cool" in the mid-'80s. Twenty five years later, Sade still is still the ultimate in cool, despite the rather obvious military-style drumming on the title track, *Soldier of Love*. Indeed, it's amazing how little Sade's sound has changed in all that time. Long and lingering vocals stretched out over a snail's pace with an occasional flash of more-than competent musicianship. Lyrical, however, the uber confidence of *Smooth Operator* has been replaced by mid-life regrets, doubts and outright tears. But it all comes together — strings, horns and all — on the exquisitely paced track *In Another Time*.

Graham Rockingham/for Metro Canada

Yeasayer

Album: *Odd Blood*

Label: Secretly Canadian

Rating: ★★★★★

DON'T BE FOOLED by the first track off Yeasayer's latest disc —



the haunting, crunchy sounds and deep, crunk-like vocals is a trick. If you can get past that sludgy (though intriguing) tune, you'll discover a world of beautiful electro pop. Ambling *Alp* is a gorgeous, even inspirational tune ("stick up for yourself son," goes the chorus), while the others songs are thickly layered with electronic instrumentation, rich harmonies, some Graceland-like beats and a lot more. There's rarely a dull second on this fantastic, thought-provoking disc.

Bryan Borzykowski/for Metro Canada

Hollerado

Album: *Record in a Bag*

Label: Royal Mountain Records

Rating: ★★★★★

SOUND-GARDEN'S RE-UNITING, flannel's back in vogue and people are throwing '90s parties, so naturally a band that sounds like it came straight out of the 20th century's last decade is getting a lot of buzz. At least Toronto's Hollerado deserves much of the hype — their Weezer-meets-Strokes-in-a-bar-on-the-East-Coast vibe is extremely catchy. The tracks are all upbeat and fun — an excellent combo for a debut disc like this. They still have some work to do; Fake



Soldier of Love is the first studio album from British-Nigerian singer Sade in a decade.

Drugs sounds too much like Rivers Cuomo, and other songs are lacking in parts, but these guys are on to something.

Bryan Borzykowski/for Metro Canada

Massive Attack

Album: *Heligoland*

Label: Virgin/EMI

Rating: ★★★★★

TWO YEARS AGO Portishead reinvented themselves and left trip-hop behind them. After seven years since their last album, Massive Attack are



trying to do the same. Heligoland finds co-founding member Daddy G re-joining mainstay 3-D, but unfortunately this reunion is more 100th Window than Blue Lines. The first half of Heligoland drags like a corpse, with lacklustre vocal turns and beats that expired in the '90s. But Heligoland is a bottom-heavy listen. Guests Guy Garvey and Hope Sandoval resuscitate the flow in the second half with their contributions, while Damon Albarn's *Saturday Comes Slow* is the kind of sparkling dirge that can realign Massive Attack with their one-time peers.

Cam Lindsay/for Metro Canada

Midlake

Album: *The Courage of Others*

Label: Bella Union

Rating: ★★★★★

MIDLAKE HAS-N'T MADE it a secret that the follow-up to their critically acclaimed *Trials of Van Occupanther* would be a pretty big departure for the band. And they were right. *The Courage of Others* is a slow, haunting record that takes a page out of '60s British folk. The Grizzly Bear-like sounds from their last disc



AlbumReviews

music@metronews.ca

aren't gone — they just appear in a different light. The album isn't as immediately inviting as Van Occupanther, but it does get less confusing and more accessible with each listen.

Bryan Borzykowski/for Metro Canada

The Hot Rats

Album: *Turn Ons*

Label: Fat Possum

Rating: ★★★★★

WHILE WAITING FOR their bassist Mickey to recover from a broken



back, Danny and Gaz from Supergrass became a duo under the name The Hot Rats. Recorded with Radiohead producer Nigel Godrich, *Turn Ons* is an album of covers, which as the title suggests is 12 personal favourites spanning the last 40 years. Taking on everyone from Bowie to The Cure, Gaz and Danny apply their Supergrass template and come out with some fresh perspectives, like a space-rock spin on the Beastie Boys' *Fight For Your Right*. The result is a dozen rave-ups catered for both classic rock and Britpop enthusiasts alike.

Cam Lindsay/for Metro Canada

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Oscar winner diagnosed with cancer

Oscar-winning actor Louis Gossett Jr. has been diagnosed with prostate cancer, the actor announced on Tuesday. The 72-year-old won an Oscar in 1982 for his role in *An Officer and a Gentleman*. TVGUIDE.COM



Percy Jackson is a kid with an epic secret

It's a tough task launching a CGI-packed adventure only weeks after animation spectacular *Avatar* becomes the biggest grossing movie ever.

Even if the director is Harry Potter heavy weight Chris Columbus.

But Percy Jackson and the Lightning Thief, has a secret weapon: Logan Lerman, a blue-eyed 18-year old ready to set teenage girls' hearts aflutter worldwide.

"I'm really proud of this movie, and I'm ready to be recognized," a relaxed Logan Lerman tells Metro at London's fashionable Gloucester Palace hotel.

Alongside him on the podium are assorted members of the star studded crew, including Pierce Brosnan, Steve Coogan and Kevin McKidd.

Despite his youth, Lerman has already starred with Mel Gibson twice (*The Patriot* and *What Women Want*). And Chris Columbus found what he was looking for in his leading young man in the western 3:10 to Yuma.

Columbus sees a future box-office superstar in Lerman and calls him a 40-year-old person in a 17-year-old body.

"I started very young,"

"Lerman plays a troubled high school student who stumbles across an astonishing secret: He's the son of Greek god of the oceans, Poseidon."

Lerman says. "I'm from Los Angeles and there's always an audition for some commercial just around the corner."

In *Percy Jackson and the Lightning Thief*, Lerman plays a troubled high school student who stumbles across an astonishing secret: He's the son of Greek god of the oceans, Poseidon (Kevin McKidd).

And it gets worse. He is suspected of stealing Zeus' lightning bolt and is hunted by monsters and



Logan Lerman plays the son of a Greek god in *Percy Jackson and the Lightning Thief*.

gods alike who want to prevent the outbreak of war.

Percy sets out on a quest to prove his innocence and rescue his mother who has been kidnapped by Hades (Steve Coogan). The movie is

napped by Hades (Steve Coogan). The movie is

based on Rick Riordan's best sellers that mixes Greek mythology with 21st century U.S.A. (The portal to Olympus is on the Empire State Building and the way to hell goes via Hollywood).

Percy quickly learns sword-fighting and how to control his power over water, both inherited from his absent father.

Percy Jackson and the Lightning Thief opens Friday

He is brought to Camp Half-blood where other children of "Gods who have fallen in love with humans" are taught how to survive as demigods.

It looks a lot like summer camp, but with lethal ancient weapons.

Percy does some intense sword-fighting with budding love interest Annabeth (Alexandra Daddario), who is the daughter of Athena and no push-over.

"We only really had one fight and we didn't want to hurt each other."

"It was kind of stiff so to make it look better I let her hit me, and it looked great," Lerman recalls.

METRO WORLD NEWS

Ellen hits the right note

TV Fans took to the Internet to express their pleasant surprise over the 52-year-old funnylady's debut as the singing competition's fourth judge.

Ellen DeGeneres assumed her judging panel post for Tuesday's episode chronicling the first round of Hollywood Week, the cutthroat post-audition phase in which 181 contestants will be narrowed down to 24 semifinalists.

The majority of folks posting about DeGeneres on Twitter praised her performance. Some said they were only tuning in for DeGeneres, but not everyone was a devotee. A denim ensemble worn by DeGeneres, also host of *The Ellen DeGeneres Show*, was mocked by a few Tweeters.

When Fox announced that DeGeneres, an Emmy winner with no formal music experience, would be the new judge last September, fans were divided over the unlikely replacement for Paula Abdul, the



Ellen DeGeneres

"So this is it, huh? I come on, you leave."

Ellen DeGeneres to fellow judge Simon Cowell

sugary sweet pop singer who judged *Idol* since it debuted in 2002 then left amid contract negotiations after the eighth season ended last year.

"Ellen completely met my expectations," said Dave Della Terza, founder

of *VoteForTheWorst.com*, which encourages viewers to champion bad — but entertaining — singers.

"She was trying way too hard. Her critiques weren't funny because no one wants to see a standup act at the judges' table."

But Andy Dehnart, editor of the popular reality TV blog www.reality-blurred.com and a lecturer at Stetson University, said DeGeneres seemed "more polished and on-point than the people who've been sitting at that table for eight years." DeGeneres is on the judging panel alongside Simon Cowell, Randy Jackson and Kara DioGuardi.

"Ellen DeGeneres keeps surprising us," he said. "She excels as a talk show host, and if she keeps up what she did tonight, she'll easily establish herself as the best judge."

DeGeneres' addition comes at a time of change for the aging Fox franchise, which is produced by 19 Entertainment and FremantleMedia North America. Cowell is leaving at the end of the current season to judge and executive produce an American version of *The X Factor*, a talent show he created in Britain. DeGeneres didn't let Cowell off for the move.

"So this is it, huh?" she whispered to him after joining the panel. "I come on, you leave."

Several names have been bandied about as potential Cowell replacements but Fox and the show's producers have not announced a replacement for the acerbic British judge.

THE ASSOCIATED PRESS



Family matters

TV For a good cause, NBC stars, including

Amy Poehler and Peter Krause and anchorman Brian Williams, are weighing in on what parenthood means to them.

The network has joined with the Boys & Girls Clubs of America in a campaign intended to promote discussion about parenthood and raise funds for the group's Family Strengthening Initiative.

For each person who finishes the sentence "Parenthood is..." for submission at The Parenthood Project website, NBC will contribute \$20 US to the initiative. The network, which launched the site Tuesday, said it's committed to donating \$100,000.

Poehler, who stars in the NBC comedy *Parks & Recreation*

ation, concluded that parenthood is "something funny happening every day," while Williams called it "as rewarding as anything in life."

NBC isn't being entirely altruistic: The network has an upcoming series, *Parenthood* and is weaving promotion of the show in with the campaign.

The hour-long drama, based on the 1989 movie of the same name, debuts 9 p.m. EST on March 1. Its ensemble cast includes Krause, Lauren Graham, Craig T. Nelson and Bonnie Bedelia.

NBC is passionate about the series and wants to generate interest in it, but also saw a chance to "achieve our goals and do some good along the way" by teaming with Boys & Girls Clubs, said Adam Stotsky, president of NBC Entertainment Marketing.

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Amy Poehler



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26 entertainment

Ex-90210 star to appear on *Criminal Minds*
Former Beverly Hills, 90210 star Gabrielle Carteris
will guest-star in an upcoming episode of *Criminal Minds*. TVGUIDE.COM

Doc trial goes Hollywood

There's no bloody glove this time, no smoking gun, no faded music icon showing up in court wearing a wig that made it look like he plugged his finger into an electrical socket..

There's not even a celebrity for that matter — the person on trial is a doctor no one had heard of eight months ago.

Still, the case of the People vs. Michael Jackson's doctor has already taken on all the trappings of a full-blown Los Angeles celebrity trial, complete with a scrum of paparazzi and news photographers staking out the accused's residence and chasing him everywhere he goes.

The mere rumour that he would be arrested or surrender sent an army of news photographers from all over the world rushing to a courthouse.

So it seems certain that Conrad Murray will join the ranks of O.J. Simpson, Robert Blake and Phil Spector in the pantheon of Los Angeles celebrity defendants, even if he's an obscure Texas cardiologist in a case of medical negligence.

"There are no surprises



The case of the People vs. Michael Jackson's doctor has taken on the trappings of a full-blown Los Angeles celebrity trial, complete with paparazzi.

here. We know how the guy died, we know who allegedly gave it to him. But lacking surprises, it's Michael Jackson. The news shows can play endless loops of Michael Jackson singing.

"Maybe his children will come into the courtroom, and what a day that would be," says Judy Muller, who shared in an Emmy for ABC's coverage of the ultimate celebrity trial, the one that ended with O.J. Simpson being acquitted of murder in 1995.

"I hate to be cynical but I've been here long enough

to know how this will play," added Muller. "It's Michael Jackson and it's a celebrity trial, even if it's a dead celebrity, and particularly in Los Angeles it's what we're known for."

Not that a trial involving a dead celebrity, even one as revered as Jackson was, is completely unprecedented. In 1981 a Tennessee jury found Dr. George Nichopoulos not guilty of negligently prescribing drugs to Elvis Presley, whose body contained 14 different stimulants and depressants when he died in 1977.

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Cut the extras

If you must eat at fast food restaurants, experts say avoiding calorie-packed add-ons like cheese, bacon and extra sauces may also help cut out the calories that are associated with those foods. **METRO NEWS SERVICES**

Urban Foodie

Authentic tacos arrive

ANDREE LAU

CalgaryUrbanFoodie@gmail.com

Los Chilitos Taco & Tequila House
1309 17th Ave. S.W.,
Calgary
(403) 228-5528

Signature Dish: Tacos**Signature Drink:** Micheladas**Rating:** @@@@**Brunch & drinks for two:** \$45

Most people think of tacos as coming from a drive-

through window, or overflowing with ground beef, lettuce and cheddar cheese with sour cream and chunky salsa from a jar.

Authentic Mexican food in Calgary has been hard to come by but a surge of new taquerias is satiating the craving for real tacos.

Los Chilitos, located in a little yellow house, does tacos the right way, with double corn tortillas holding some meat and sprinkled with fresh cilantro and onion.

That's it.

The tacos special

On the web

• Get recipes and more great food content at metronews.ca/recipes

(\$18.95), which comes with six tacos and four salsas, is a good way to sample a variety of what Los Chilitos has to offer.

The juicy flavours of minced chorizo and pastor (pork marinated in adobo) stood out for me, while the carnitas (slow-cooked pork) and carne asada (steak) were a tad dry.

The four homemade salsas we tried (pico de gallo, verde, chipotle and arbol) were all amazing.

The burrito (\$12.95) is moderately sized, with some melted queso blanco, and comes with rice and refried beans that were unfortunately not hot enough.

That's a minor inconvenience when you can wash it away with a refreshing Micheladas (\$6.95): beer poured over ice and lime juice, Tabasco, Worcestershire, and Los Chilitos sauce.



Tacos with chorizo at Los Chilitos Taco and Tequila House.

Global Peasant blog online

• Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.

• Check out metronews.ca/globalpeasant for a recipe of Lime Sugar Cookies



Dining out

VALENTINE'S DAY

Treat your sweetheart to dinner at Sugo (1214 Ninth Ave. S.E.). The \$75 menu includes choices of lobster bisque, homemade gnocchi and honey caramel cheesecake. It brings the romance and quiet you look for on your special day.

MORE VALENTINE'S OPTIONS

Enjoy a five-course dinner then put on your dancing shoes. You can try out your Latin moves at Soho Bar and Grill (801-Sixth St. S.W.). Dinner and dancing is going for \$60/person on Valentine's Day.

ANDREE LAU/
FOR METRO CALGARY

In brief**WINE TASTING**

Highlander Wine & Spirits (2033 16th Ave. N.W.) hosts a Valentine's Wine Festival with more than a dozen wines to sample along with hors d'oeuvres and special sale prices on Friday 3-7 p.m. and Saturday 1-5 p.m. Get an education in wine romance.

METRO CALGARY

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Naomi Campbell has no intention of giving up modelling. The 39-year-old beauty — who was one of the '90s supermodels — wants to continue with her life on the catwalk because she still gets a thrill out of doing it. FEMALEFIRST.CO.UK

Campbell keeps walking catwalk

Final show sees Trump 'fire' Leno

It's lights out for prime-time experiment

Jay Leno ushered out one of television's biggest flops without sentiment on Tuesday, the final night of a prime-time experiment doomed by bad ratings and bad vibes.

Leno told a few barbed jokes about The Jay Leno Show, and Donald Trump told him "you're fired." Leno will return to his old perch at the Tonight show after the Olympics.

Desperate to keep both Leno and Conan O'Brien, NBC gave Leno a show five nights a week at 10 p.m. EST and made O'Brien the Tonight show host. The Jay Leno Show was one of the boldest scheduling moves in years, but the size of Leno's audience — while fine for late night — couldn't cut it in prime time.

Late news shows follow-

"This show was supposed to be on for two years, but we got five months for good behaviour."

Jay Leno

ing Leno on NBC affiliates dropped sharply in the ratings. With some affiliates threatening to yank Leno, NBC proposed cutting his show to a half-hour at 11:35 p.m. and moving O'Brien back a half-hour. O'Brien refused and took a buyout from NBC.

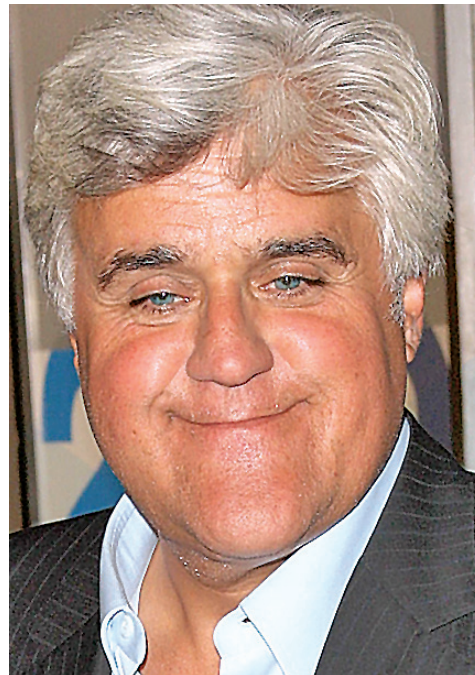
"It seems like just yesterday I was telling NBC this was not going to work," Leno said in his final monologue, and it wasn't clear he was joking.

"This show was supposed to be on for two years," Leno said, "but we got five months for good behaviour."

Leno said he should have known it wasn't going to last, and he showed a film of him pulling his car into a parking space that said, Jay Leno, No Parking After Feb. 9.

Actor Ashton Kutcher was a guest, and recently retired pro football quarterback Kurt Warner was brought on to throw a few passes to him. Actress Gabourey Sidibe came on to talk about her best actress nomination for the Academy Awards.

Leno didn't talk about the Tonight show move. The studio set, if it's kept, will require some changes: the number 10 is now inlaid onto the stage



The Jay Leno Show is over, but the talk show host will return to The Tonight show next month.

where Leno stands to deliver his monologue.

When the show ended, there wasn't any time to say goodbye. A question-and-answer session with

NBC Sports anchor Bob Costas appeared to run long, and Leno barely had time to urge his viewers to stay tuned for the late local news. **THE ASSOCIATED PRESS**

Anne Rice readies new video book

Anne Rice is giving the video book a try.

The author of Interview With a Vampire, The Vampire Lestat and many other favourites has agreed to terms with the video book company Vook on a multimedia edition of The Master of Rampling Gate, a vampire story published in Redbook magazine in 1984 and set in an England mansion in the 19th century.

"Vook represents a very exciting combination of new technological elements, that I think is long overdue in publishing," Rice said in a statement. "I'm excited that The Master of Rampling Gate is going to have new life in this form, and cannot wait to see the finished product. I'm not sure that my mind can conceive of all the possibilities of this new form."

Opinions are still mixed among publishers and authors about video books, which integrate text, video and social networking. **THE ASSOCIATED PRESS**

eyes ON TV CALGARY

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267	351	ACCESS	Alberta Primetime (Live)	(8:01) Private Practice	Monk	Past Life (N)	PrimeTime			
243	317	3 CFCN	The Vampire Diaries (N)	The Mentalist (HDTV) (N)	CSI: Crime Scene Investigat'n	Grey's Anatomy (N)	CTV News			
-	-	4 OMNI	King/Queens	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	Two/Half Men	Friends	
-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Deep End (N)	Grey's Anatomy (N)	Private Pract.	
245	306	6 CBRT	Wheel Fortune	Jeopardy! (N)	The Nature of Things (N)	Google World (HDTV) (N)	CBC News: The National	The Hour		
244	338	7 CICT	ET Canada	Entertainment	The Office	The Office	Survivor: Heroes vs. Villains (N)	30 Rock	30 Rock	EP Daily
246	-	8 CKAL	Law & Order: Special Victims	Dark Blue	Community (N)	Parks/Recreat	Le Téléjournal Nouvelles (SC)	Local Programming		
119	705	9 CBXFT	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)	3600 secondes d'extase (SC)				
-	-	10 SHAW	(6) Local Programming							
-	372	12 KREM	News	Access H.	The Doctors (N)	Survivor: Heroes vs. Villains (N)				
-	374	14 KSPS	PBS NewsHour (N)	Health Matters, TV for Life	Sherlock Holmes Mysteries	MI-5				
502	390	15 CBC	CBC News: The National	The Nature of Things	CBC News: The National	CBC News: The National	CBC News: The National	Nature/ Things		
-	370	16 KHQ	Millionaire	Jeopardy! (N)	Wheel Fortune	Community (N)	Parks/Recreat	The Office (N)	30 Rock	The Office
-	373	22 KAYU	The Office	Raymond	Two/Half Men	Bones (HDTV PA)	Past Life (N)	News		
297	583	27 WPIX	Supernatural (HDTV) (N)	PIX News at Ten Tong	Two/Half Men	Friends	Friends	According-Jim	Family Guy	
500	500	29 CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Two/Half Men	Friends	Larry King Live	Cooper 360	Cooper 360	
508	502	31 CNN2	The Joy Behar Show	Nancy Grace	Showbiz Tonight		The Joy Behar Show	Nancy Grace	Nancy Grace	
400	400	21 TSN	NHL Hockey	SportsCentre (HDTV) (Live)	Oilers Conn	Off the Record	24/7 Jimmie	Motoring 2010	Sid-Alexander	
408	418	27 net	Sid vs. Alexander	Oilers Conn	NHL Hockey Edmonton Oilers at Los Angeles Kings (HDTV) (Live)	NHL Hockey	NHL Hockey	Sportsnet Con.	Sportsnet Con.	
410	403	30 SCOR	Poker Tour	Hardcore Champ. Fight	NBA Basketball San Antonio Spurs at Denver Nuggets (Live)			Score Now		
411	457	44 QLN	Operate-Repo	Operate-Repo	Ghost Hunters International	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters	
417	406	48 SPEED	NASCAR Racing	Sprint Cup: Duel at Daytona. From Daytona International Speedway in Daytona Beach, Fla.				NASCAR Victory Lane (HDTV)		
552	543	20 YTV	iCarly	True Jackson	iCarly	Fries That?	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like
557	541	39 FAM	Han, Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han, Montana	Wizards-Place	Latest Buzz
555	545	67 TOON	6TEEN	6TEEN (DVS)	6TEEN (DVS)	6TEEN (DVS)	6TEEN (DVS)	6TEEN (DVS)	Futurama	King of the Hill
575	583	11 CMT	According-Jim	According-Jim	Home Improve.	UnStable (N)	Star Crossed	Amer. Funniest Home Videos	Reba	
553	546	17 TREE	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan
505	398	19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch One		EarthWatch Two			
602	568	23 W	House-Sell	House-Sell	Supernanny	Love It or List It	Confidential	Confidential	Divine Design	
521	560	24 TLC	American Chopper (N)	Trashmen (HDTV) (N)	Trashmen (HDTV) (N)	American Chopper	Confidential	Confidential	Divine Design	
603	561	25 FOOD	Extreme Cuisine-Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant Makeover	Diner, Drive-In	Unwrapped	Ext. Cuisine	
615	520	26 A&E	The First 48 (HDTV) (N)	Manhunters	Manhunters	Manhunters	Manhunters	(10:01) The First 48	The First 48	
617	522	32 SHOW	Trailer Park	Trailer Park	Relic Hunter	Relic Hunter	A Valentine Carol (2007, Romance)	Emma Caulfield.	Cra\$h & Burn	
601	633	33 SLICE	Bootcamp	Last 10	Re-Vamped	ET Canada	What Happen?	Real Housewives of Atlanta	Housewives	
-	632	34 ENC2	Jane-Dragon	(7:25) Once in a Blue Moon (1995, Fantasy)		Waik, Don't Run *** (1966, Comedy)	Cary Grant.	Downhill Racer		
520	505	35 DISC	MythBusters	MythBusters	MythBusters	Daily Planet	MythBusters	MythBusters	MythBusters	
520	523	36 BRAVO	Intern Academy * (2004, Comedy) Peter Olding. (DVS)			Law & Order "Angel"	Without a Trace	Without a Trace	Intern Acad	
294	650	40 WPCW	Law & Order: Special Victims	American Pie Presents: Band Camp (2005, Comedy)		The Office	American Pie: Band Camp			
626	547	41 COM	Just for Laughs	Air Force	22 Minutes	Cornier Gas	Name Is Earl	The Simpsons	South Park	Marlin
-	539	42 TCM	Alexander's Ragtime Band	Call Me Madam *** (1953, Musical Comedy) Ethel Merman.		Singin' in the Rain **** (1952) (DVS)				
628	584	43 SPIKE	TNA IMPACT! (HDTV) (N)	TNA Epics "Sling" (HDTV) (N)		TNA Epics "Sling" (HDTV) (N)		MANswers	GameTrailers	MANswers
522	516	45 HIST	Ancestors	Ancestors	Pawn Stars	Pawn Stars	Ancient Discoveries	Ancestors	Ancestors	Nostradamus
622	528	46 SPACE	Caprica	Lost "What Kate Does"	InnerSpace	Stargate SG-1		Star Trek: Next Generation		
-	-	47 AMC	(6) Man on the Moon (1999, Biography)		Movies Shook	(9:15) Escape From L.A. ** (1996, Action)		Cutthroat Isle.		
619	525	49 TROP	Planet Soap	Comeback	Reality	Family Guy	Family Guy	Seinfeld	Seinfeld	70s Show
600	564	50 HGTV	House-Bryan	Real Renos (N)	House Hunters	House Hunters	Holmes Inspection	House-Bryan	Real Renos	Holmes-Homes
501	591	52 CTV	CTV News Tonight	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
504	508	70 BNN	Squeeze Play	Business News	Commodities	Market Call Tonight	Headline	Commodities	Squeeze Play	
526	507	92 VIVA	The Closer	Cold Case "Baby Blues"	Psychic Inv.	Encounters	Judging Amy "Kilt Trip"	Missing		
629	550	93 APTN	Wopos Bay	By the Rapids	Urban Indian	Moose TV	Cellular ** (2004, Suspense) Kim Basinger, Chris Evans.	By the Rapids		
-	-	94 MPC	World News	News	My Queen	Immortal Yi, So	Vancouver	Shaktimaan	Dheeyan Ghar	Sadabahr
571	581	100 MMM	Cher: The Farewell Tour	Entourage	Wild 'n Out	Entourage	Cher: The Farewell Tour	Entourage	Entourage	
570	580	101 MM	So You Think You Can Dance	Degrassi: TNG	Degrassi: TNG	MuchOnDemand	Pimp My Ride	My Own	Video on Trial	
581	566	102 MTV	Taking Stage	MTV Cribs	MTV Cribs	MTV Live	Movie Night	The Real World	Taking Stage	
-	-	116 TV5	Envoyé spécial	Geopolitis	Humanima	Hors série	TV5 Le Journal	(9:35) Arte reportage	Partir autrement	

critics' corner

Innovators in Music
"Sonic Middle-Aged Dudes" just doesn't have much of a ring to it. The closing episode of this series gets up close and personal with the "noise rock" band Sonic Youth, formed in 1981 during the waning years of the punk movement and still noisy after all these years. Interviews with members of the group are interspersed with performance footage from the '80s and from a tour stop last year in Kansas City, Mo. 6 PM on BRAVO



Google World

Started a mere 14 years ago as a research project by a pair of Stanford University graduate students, Google is now the world's No. 1 search engine and could very well become its most comprehensive database and most powerful corporation. This new documentary goes behind the scenes at Google Inc., with a focus on its efforts to take users into the world of "cloud computing." 9 PM on CBRT

And — surprise! — he looks like a baby

Supermodel Gisele Bundchen, 29, shows off the first photo of her baby boy, Benjamin, in Brazilian mag Quem. The two-month-old is all bundled up in a blue jacket and matching hat while dozing off in Bundchen's arms, femalefirst.co.uk reports. **METRO NEWS SERVICES**



Celebrity Buzz

Paris is for lovers ... of Johnny's style

ONE THING UPON WHICH THE FRENCH AND THE REST OF THE WORLD AGREE From the long, stringy hair and goat-tee to the layers of offbeat accessories and everything in between, nobody can quite pull off a look like Johnny Depp — especially as far as his longtime girlfriend Vanessa Paradis is concerned, people.com reports.

"I love his style, yeah,

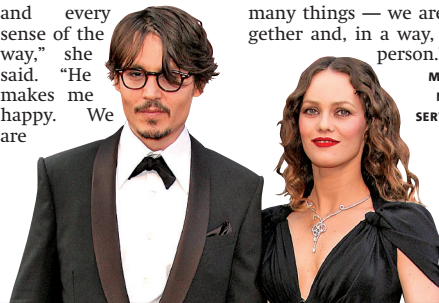
yeah, yeah!" Paradis told People magazine. "I love him, and I don't have to say I like this and I don't like that. When you love somebody, you take them as they are. I would not change him."

Besides Depp's eclectic style, the French singer and actress, 37, is attracted to all the qualities of her beau (since 1998). "I like him very much in all terms

and every sense of the way," she said. "He makes me happy. We are

many things — we are together and, in a way, one person."

METRO NEWS SERVICES



Channing shows Ellen how to strip

AND FROM NOW ON ALL HER GUESTS MUST DO THE SAME (EXCEPT RUSH LIMBAUGH)

American Idol judge Ellen DeGeneres seemed rhapsodic at having her talk-show guest Channing Tatum demonstrate some of the moves he made in his former job as a male dancer on her show yesterday, people.com reports.

"What kind of dancer were you, Channing?" DeGeneres asked Tatum, 29. "I was a stripper," replied the Dear John star, prompting loud applause from the in-studio audience. And so, Tatum demonstrated what men strippers do — though, not a thread was removed. Still, said Tatum, "Now I'm embarrassed."

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Follow these celebrities on Twitter...

CelebTweets

SAMANTHA RONSON doesn't like people saying she abused Lindsay Lohan, **JOHN MAYER** is feeling romantic, **EDDIE IZZARD** refuses to age, and **KIRSTIE ALLEY** is susceptible to advertising.

@samantharonson To ANY-ONE who perpetuates this rumour accusing me of being violently abusive after @lindsaylohan has denied it: I WILL take legal action.

@johncmayer What's that song that goes "It's a quarter after one, I just huffed a can of ceiling paint and I need you now?" I like that one.

@eddieizzard Apparently it's my birthday. I'm twenty two (as usual). Thanks for all your messages

@kirstiealley oh my god, all these infomercials are causing me mass confusion ... then I want them all

METRO WORLD NEWS

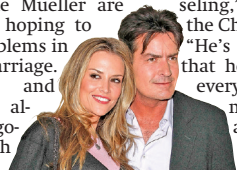


Sheen 'committed' to making marriage work

HOW MANY SYNONYMS ARE THERE FOR THE WORD 'RUUUUUUUUN'? Now that the court drama stemming from their Christmas morning fight is over, Charlie Sheen and Brooke Mueller are reportedly hoping to fix the problems in their marriage. "Charlie and Brooke already are going through

intense marriage counseling and Charlie has been very religious about attending Alcoholics Anonymous meetings and serious anger management counseling," a source tells the Chicago Sun-Times. "He's telling everyone that he is going to do everything he can to make it work — and last."

METRO WORLD NEWS



Is Hilton secretly engaged?

THE LIZ TAYLOR OF FIANCEES Paris Hilton may already be engaged to Doug Reinhardt and just waiting to announce it, and if so she may have just tipped her hand.

The heiress was accepting an award for her charity work at a benefit in Los Angeles when she said, "I'd like to thank my future sister-in-law

Casey Reinhardt," according to E! News.

Hilton, who has been dating Reinhardt for a year, has hinted that a wedding may be in the works, saying last month, "I wouldn't rule out a wedding in 2010. With how amazing everything is going between us, I see a very bright and happy future."

METRO WORLD NEWS



Anne's self-reflection

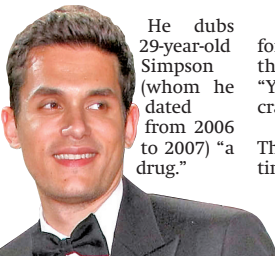
OH, NO ANNE, YOU'RE SOOO PRETTY It turns out Anne Hathaway's toughest critic is herself. The Valentine's Day and Alice in Wonderland star laments her looks in the latest issue of In Style magazine. "I think I've got really weird features. I have very large features on a very small head. But, you know, I'm not going to beat myself up," she says. "I look like myself, and I think at the end of the day, as nice as pretty is, authenticity is more important."

METRO WORLD NEWS



Mayer dishes on sex with Jessica

STAY CLASSY, MAYER John Mayer is kissing and telling — again, usmagazine.com reports. In its exclusive peek at Playboy's March issue, the website reports the singer, 32, dishes on everything from his past relationships with Jessica Simpson and Jennifer Aniston to his dream mate.



He dubs 29-year-old Simpson (whom he dated from 2006 to 2007) "a drug."

"And drugs aren't good for you if you do lots of them," he says, adding, "Yeah, that girl is like crack cocaine to me."

"Sexually it was crazy. That's all I'll say," he continues.

METRO NEWS SERVICES

Stern contemplates Idol takeover

FIRST ORDER OF BUSINESS: MORE BOOBS, LESS SINGING Howard Stern insists producers have not actually made him an offer to take over for Simon Cowell on American Idol, but that doesn't mean he isn't considering it.

"You know what? OK. \$100 million to judge a karaoke contest? "OK. Why not? Oprah takes every offer on the table, why shouldn't I?" Stern said on his radio show.

METRO WORLD NEWS



Madonna ditches boytoy, eyes more recent model

HE WAS GETTING TOO OLD FOR HER Madonna is allegedly livid that Jesus Luz is going around telling people that he was the one who did the dumping in the breakdown of their relationship.

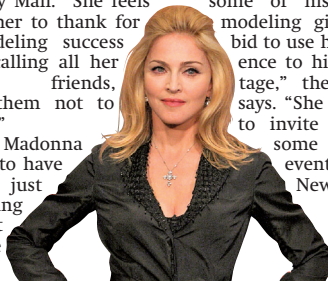
"She's furious and feels humiliated," a source tells the Daily Mail. "She feels he has her to thank for his modeling success and is calling all her designer friends, telling them not to use him."

But Madonna appears to have found just the thing to get over the 23-year-

old Brazilian model. She's reportedly been getting cozy with 24-year-old Spanish model Jon Kortajarena after meeting him late last year.

"She has made some enquiries about him and has found out a bit more about some of his future modeling gigs in a bid to use her influence to his advantage," the source says. "She is going to invite him to some social events in New York."

METRO WORLD NEWS



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Thursday
Partly cloudy
-2°C / -10°C

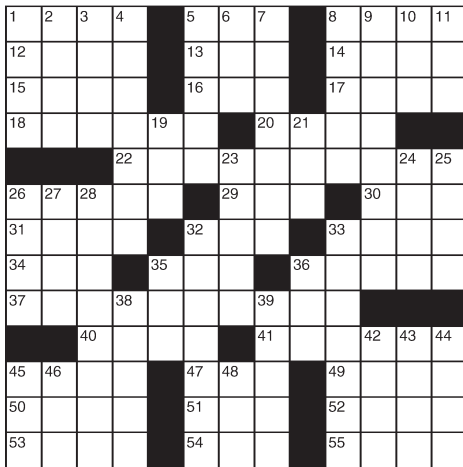


Friday
Partly cloudy
1°C / -9°C



Saturday
Partly cloudy
1°C / -8°C

Take Five



ACROSS

1 Fungus product
5 Enthusiast
8 Small combo
12 Duel tool
13 Blond shade
14 Maintained
15 Approach
16 Crossword clue abbr.
17 Regulation
18 Green
20 Ids' counterparts
22 Beach pastime
26 Normand or Mercer
29 Sweet potato
30 Greet the villain
31 Hawkish Olympian
32 Energy
33 Spill the beans
34 Roulette bet
35 Garfield's owner
36 Kid napped?
37 SoCal teen of the 1980s
40 Tittle
41 Inconsequen-

tial person
45 Decline
47 31-Across, e.g.
49 Curved molding
50 With 46-Down, well in the past
51 Lamb's mommy
52 Caspian Sea feeder
53 Dresses in
54 Harrison or Reed
55 Vend

DOWN

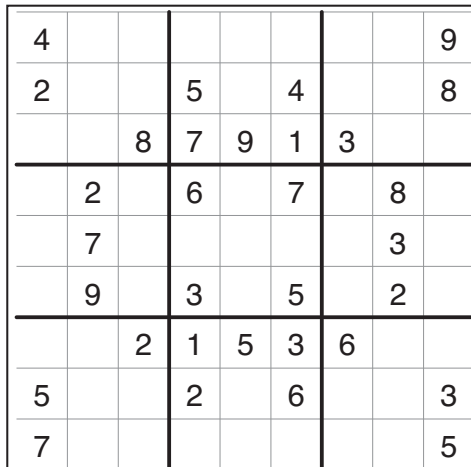
1 Options list
2 Admitting clients
3 Mad king of literature
4 Develops (from)
5 Bellybutton
6 — Today
7 Early hour
8 Pulsate
9 Having a second life?
10 Under the weather

11 Worshipper's writing
19 Vote seeker
21 Workout venue
23 Fibbing
24 Burden
25 Earring site
26 Sportscaster Albert
27 Vicinity
28 Sheets
32 It was launched in 1977
33 Round, as a nose
35 Lustrous black
36 "No seats" abbr.
38 Wind-blown soil
39 Alphabetized list
42 Fairy tale villain
43 Option from Howie Mandel
44 Scream
45 Bankroll
46 See 50-Across
48 Have bills

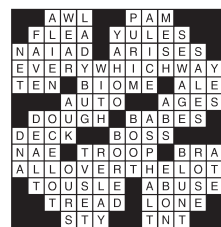
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



3	1	7	2	8	4	9	6	5
2	4	8	6	5	9	1	3	7
6	9	5	3	7	1	2	4	8
5	8	6	9	1	3	4	7	2
9	7	2	5	4	6	8	1	3
4	3	1	8	2	7	6	5	9
1	2	4	7	9	5	3	8	6
8	5	3	1	6	2	7	9	4
7	6	9	4	3	8	5	2	1

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Healthy Home-Cooked Chili

Submitted by Stacey Graham, Vancouver, B.C.

INGREDIENTS:

1 tbsp olive oil
2 clove garlic, minced
1 small onion, diced
1 tsp fresh thyme and rosemary (optional)
1 pound lean ground beef
1 teaspoon chili powder
1/2 cup tomato paste
1 can tomatoes, chopped, drained
1 can red beans
1 can corn
1/3 cup fresh cilantro, chopped
1/2 cup cheddar cheese, shredded
1 ripe avocado, sliced
1 cup nacho chips

METHOD:

1. In a frying pan add olive oil, onion, garlic, thyme,

and rosemary. Add beef and cook until browned.
2. Meanwhile, put corn and tomatoes into a large pot and cook over medium heat. Add tomato paste, beans, cilantro and chili powder. Stir in beef mixture.
3. Cook until heated and flavours mix together.
4. Garnish with cheddar cheese and avocado pieces sprinkled on top. Serve with a side of nacho chips.

SERVES 6

PREP TIME: 15 MINUTES

COOK TIME: 30 MINUTES



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Horoscopes by Sally Brompton sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20

Whether it is you keeping secrets from others or others keeping secrets from you there will certainly be plenty of deception going on.

LIBRA

SEPT 23-OCT 23

Everyone has doubts about what they have done and what they should have done but did not.

TAURUS

APRIL 21-MAY 21

You know what you want and you know how to get it but it might still be wise to get as many people on your side as you possibly can.

SCORPIO

OCT 24-NOV 22

Venus, planet of love, moves in to one of the best areas of your chart today, making it easy for you to get things done.

GEMINI

MAY 22-JUNE 21

It will pay you to be a little less intense today, especially when dealing with employers and people in positions of power.

SAGITTARIUS

NOV 23-DEC 21

Even the little things you do today will have far-reaching effects, especially on the home front.

CANCER

JUNE 22-JULY 22

You should not find it too hard today to forgive someone who says something less than flattering about you.

CAPRICORN

DEC 22-JAN 20

Communications are likely to be disrupted in some way today but there is no need to panic because it is only a minor blip in what is otherwise an excellent outlook.

LEO

JULY 23-AUG 23

You have been revealing too much about yourself to colleagues and strangers of late and it is time to be a bit more mysterious.

AQUARIUS

JAN 21-FEB 18

Have the courage to follow a course of action that not everyone in your social circle is likely to approve of.

VIRGO

AUG 24-SEPT 22

Get on top of your workload today and, more importantly, stay on top of it for the rest of the week.

PISCES

FEB 19-MARCH 20

Venus in your sign will endow you with a more relaxed take on life over the next few days. Things that annoyed you in the past no longer matter.

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This day in history

660 BC – Traditional date for the foundation of Japan by Emperor Jimmu.

1531 – Henry VIII of England is recognized as supreme head of the Church of England.

1752 – Pennsylvania Hospital, the first hospital in the U.S., opens.

1938 – BBC Television produces the world's first ever science fiction television program, an adaptation of a section of the Karel Capek play R.U.R., which coined the term "robot".

1964 – The Beatles hold their first concert in the United States at the Washington Coliseum in Washington, D.C.

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